

RAAP Program

Self-esteem | Empowerment | Confidence

Raising Academic Achievement Program

Achieving your true Potential



Read on to find out how you can achieve and transform your future

What young people have said about the RAAP program, workshops and sessions

“The session helped me to look at my inner strength and how powerful our minds are, self-esteem is extremely important.. Before I was depressed and was taking medication for it, but when I started the session things started to change. I was lost and these sessions helped me to find myself again ”

“Although I know that I haven’t changed much over the past five weeks it may seem , but my thought process has changed and because of you. I now feel comfortable to be myself.”

“Tremendously , these sessions helped me to discover the strength and ability I had inside me, to change my mind set

If you want Victoria to speak at your school or deliver a session or program:



Phone: 02036018138/07800746192
E-mail us :victoria@spectacularwoman.com
Web: www.spectacularwoman.com

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Other services Available

* Precious Than Rubies program

The PTR program is lifelong learning about physical, moral and emotional/personal development. It is about understanding the importance of marriage for family life, stable and loving relationships,, female liberation, improving confidence, goal setting, respect, self-love and care . A twelve week program linked to the teaching of sex, sexuality, and sexual health. In ways that teenage girls can understand how this will impact there life in the future

* Don't Give Up Your Power!:

A six step program on how to improve your confidence and self-esteem. Using different techniques and strategies to maintain positive self images of ones self.

* Life Coaching & Parenting Workshops

empowering parents to develop stronger relationships with their child . Provided strategies and techniques to support teenage health and wellbeing.

* Intense Discovery Days:

Intense Discovery days on raising academic performance , achievement & raising Self-esteem

* Mentoring Training :

for teachers/ educator on how best to engage pupils with Special educational needs SEN and challenging behaviour.

* Anger management programs

* Gifted & Talented

* Sexual Relationship Education :SRE

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If you can say “Yes” to any of the following questions, here's how you will benefit :

- ◆ Knowing that something is blocking your progress but unable to get to the route of the problem?
- ◆ Being held back by old negative emotions from the past and lack of focus?
- ◆ An overall feeling of not doing or having the grade you would like to achieve in your school/exams?
- ◆ Unable to feel engaged in lessons and keep yourself motivated?
- ◆ An outer appearance of really going for it , but demonstrating patterns of self sabotage or limiting beliefs?
- ◆ Would like to be more body confident and more resilient ?
- ◆ Be able to deal with angry feelings?

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Victoria Griffith is a Personal Development Empowerment Specialist, Coach, Consultant, Mentor and Founder & Director of Motivation to Inspire & the Raising Academic Achievement and Performance Programme (RAAP).

Raising Academic Achievement Program

ENHANCING THE EMOTIONAL AND SOCIAL WELL-BEING THROUGH LEARNING AND SKILLS

Spectacular Woman Company works to inspire change and growth in young people in schools in and around London. The idea is to re-engage young people in order to break down barriers that restrict their growth and learning. Our RAAP programme will equip young people with the tools to make better choices for their futures, in terms of various skills that encourage lifelong learning.

Spectacular Woman is committed to enhancing the Emotional, Personal and Social development of young people from disadvantaged background and communities through developing soft skills and various tools to enhance health and well-being.

Young people are exposed to the different social and economic problems that can affect their lives and community, especially those from ethnic minority backgrounds. Issues such as unemployment, basic life skills, lack of confidence and self –esteem, literacy and numeracy, teen pregnancy, crime, drugs and gang culture and issues with identity are just some of the pressing issues that affect our young people today.. At Spectacular Woman we are passionate about inspiring and encouraging change through education and re-engaging young people in schools and local communities. We are confident that our raising academic achievement and performance in young people will equip them with the necessary tools to make better life choices; and give them a sense of direction and fulfilment in order for them to achieve in their lives.

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Our programs encourage young people to dig deep within themselves and apply the strategies and knowledge learnt to live up to their full potential. This will enable them to get focused and develop a positive mental attitude to learning and life as a whole. turn, will aid in raising their academic performance and encourage social mobility for their future.

About Victoria Griffith

Victoria is a Empowerment Specialist, and also trained in the Advanced Coaching and Mentoring in an across Organisational Context in order to deliver Coaching and mentoring in Schools. She is a personal development Coach, Lecturer, Consultant, Mentor and Founder & Director of Inspirational Change.

With over 20 years industry experience, Criminal Justice , Youth Offending , Social Policy Lecturer, Event Management, and Training.

Victoria has a unique understanding of the life challenges that many people experience, like limiting beliefs and lack of confidence and Self-worth. With her extensive experience and esoteric skills, she is able to tailor each session so that you get solutions that will help you to move from Doing to actually Being.

Victoria is also an accomplished speaker and Workshop leader and has established the Spectacular Women's Network, for women in London who are seeking an Inspirational , Empowerment route map towards success .

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